

12 Considerations for Choosing an Ibogaine Treatment Center

Overview

There are hundreds of Ibogaine treatment centers worldwide, so picking the right one for you might take some time. Overall, we recommend you research your desired treatment center thoroughly, reading testimonials and reviews and making sure they know what they're talking about. Ideally your treatment center would be familiar with some clinical guidelines for Ibogaine treatment, such as those published by the [Global Ibogaine Therapy Alliance \(GITA\)](#). You should be totally confident that an Ibogaine treatment center is professional, employs well-trained staff and will make your safety and recovery an absolute priority.

Identifying Candidate Treatment Centers

It's recommended that you begin the selection process by identifying 2-3 candidate Treatment Centers who provide treatment targeted to your specific condition and may meet other criteria such as location, cost range, etc.

Ibogaine therapy treatment is an elective medical procedure and as with to any such procedure, due diligence in selecting your Treatment Center is important. The following considerations will help you make an informed decision when choosing an Ibogaine Treatment Center:

1). Treatment and Therapy Program

Although largely unregulated, Treatment Center consensus and best practices around a safe and effective ibogaine therapy treatment model is emerging. This model is based or aligned closely with the clinical guidelines published by GITA. A summary of this model includes:

- Assessing the patient's specific condition, drug use, medical history and suitability for ibogaine therapy treatment
- Exhaustive pre-screening and medical tests with a focus on identifying any risks or conditions that the patient would be exposed to.
- Physical and psychological preparation for treatment
- Administration of ibogaine hydrochloride of suitable dosage in a clinical medical environment by qualified medical personnel
- Patient monitoring in a clinical medical environment by qualified medical personnel.
- A recovery and support service as the patient heals and begins to integrate their ibogaine therapy experience.
- Typical duration of Ibogaine therapy is 7 days. A more extended therapy is sometimes warranted for certain drugs such as methadone, suboxone and stimulant type drugs.

2). Staff Qualifications and Training

Typical of any medical procedure, the medical qualifications and experience of staff involved in the program delivery are paramount. Although not all staff need to be medically trained, it is recommended that the Treatment Center's key personnel i.e.; director, head nurse and support staff have the requisite medical training, qualifications and experience. Has the Treatment Centers' staff received training specific to Ibogaine treatment such as that offered by [IbogaSafe](#)?

3). Treatment Facilities

Equally important as medical staff qualification is the venue/facility in which ibogaine is administered and the subsequent monitoring. Ideally Ibogaine therapy should take place in a clinical medical environment with associated medical equipment for safe administration, monitoring and emergency



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response. Although not as critical, many facilities ask prospective clients to conduct pre-screen testing before traveling to the Ibogaine Treatment Center.

4). Emergency Preparedness

Ibogaine treatment is unique in the potentially adverse impact on the cardiovascular system. For this reason, it is important to consider the Treatment Center's readiness to recognize and response to such an adverse event. Does the Treatment Center have emergency equipment? Is there a defined emergency protocol in place? Are the personnel trained in emergency response? A final consideration is access to ambulatory, hospital and emergency services. Ideally the location of the clinical facility should be within reasonable and normal proximity to such services.

5). Integrated Services

Although safe and effective Ibogaine therapy treatment is the primary service, it's important to consider associated ancillary services from the Treatment Center and how the Treatment Center's service is integrated into a holistic recovery model. For instance:

- What psychological and/or psychotherapy services are available prior to treatment to assist preparing for treatment?
- What psychological and/or psychotherapy services are available immediately following to treatment to assist in recovery and experience integration?
- Who delivers these services? What is their background, training and experience?
- What, if any, follow-up occurs after you have returned from treatment?
- Does the Treatment Center offer an Ibogaine Aftercare program or work closely with recognized Ibogaine Aftercare Treatment Centers?

6). Treatment Center Experience

As in selecting any service, we recommend that you consider the following:

- How many Ibogaine treatments has the Treatment Center delivered?
- How long has the Treatment Center been in business?
- Is the business licensed?
- Who owns the business and what is their background?
- Has the Treatment Center ever experienced an adverse outcome requiring emergency response?

7). Treatment Center Transparency and Openness

Your Treatment Center should be open, honest and transparent in response to any questions and/or concerns that you express. For example:

- How detailed and transparent is the Treatment Center in describing their program?
- Will the Treatment Center share information on the medical qualifications and training of their staff? Is this information accurate?
- Will the Treatment Center allow access to key medical personnel i.e. director or equivalent to answer questions and discuss their program?
- Is cost and payment information readily available?

8). Business Interaction

What is like to interaction with the Treatment Center as a business entity?

- Does the Treatment Center have a website? How useful, accurate and transparent is it?
- Is it easy to contact the Treatment Center?
- How responsive and timely is the Treatment Center to inquiries?
- Are those responding to inquiries knowledgeable and helpful?



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9). Location and Logistics

Most likely you will be travelling to the Treatment Center's facility and need to consider the following:

Where is the facility located? Is it close to a major airport?

Are there safety and/or health concerns related to the location?

What services does the Treatment Center offer in transporting patients to/from their facility and airport?

What costs are associated with travel to/from the Treatment Center's facility?

What payment options are available?

10). Cost

Cost is not synonymous with value and selecting the lowest cost for Ibogaine treatment. Ideally the cost should fall within a 'normally accepted' market range. HPL's experience is that a treatment program that conforms to the minimally acceptable treatment model described in the Treatment and Therapy Program Section would typically fall in the \$6000 - \$8000 range for opioid addiction. However, depending on the substances used, a higher and more costly level of care may be required.

11). Recognize Red Flags

- With the tremendous interest in Ibogaine treatment, there has been an influx of unprofessional people who place monetary gain ahead of patient welfare.
- Here are some red flags that could alert you to facilities with questionable ethics-
- Unrealistic cost estimates – specifically if they are abnormally low.
- Unawareness of Global Ibogaine Therapy Alliance (GITA) guidelines and/or a program that dramatically diverges from these guidelines.
- Unrealistic claims of Ibogaine treatment efficacy – specifically that Ibogaine treatment alone is an addiction cure.
- Lack of transparency with respect to treatment protocol, personnel and facilities. Your Treatment Center should be open to answering all questions and addressing your concerns.
- Unwillingness to make any medical personnel available for a conversation.
- Inconsistency between public information e.g. as shared on a Treatment Center's website and that determined during the assessment process. A good example would be inconsistencies between key medical personnel identified in public sites and those delivering the services.
- Inordinate amount of negative reviews, testimonials and social media commentary. In view of the limited sample size both positive and negative reviews should be viewed with a 'grain of salt' – however a large preponderance of negative reviews should be a concern.
- Disparaging remarks about competitor Treatment Centers.

12). Connection and Personalization

One or more of the Treatment Centers you're considering are 'rate equivalent' and you may not be able to differentiate based on the above considerations alone. In addition to all the considerations listed above, what is your intuition telling you about an Ibogaine Treatment Center?

Try to gauge your level of comfort and confidence in a specific Treatment Center. Things to consider include:

- Did the Treatment Center express an interest in your specific situation/condition?
- Did the Treatment Center discuss how your specific situation/condition might impact the safety and effectiveness of your treatment? Are there any special concerns?
- Did you develop a rapport with the Treatment Center? With the Treatment Center's key medical staff? Did they instill confidence?



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